

ENERGY ACTION MONTH

Building Resilience to Enhance Readiness



Energy Saving Tips For Everyone

- In the summer, ensure your ceiling fan blows air downward - it costs only \$2 a month to use ceiling and other fans to circulate air.
- Wash clothes in cold water to save electricity and money.
- Install a programmable thermostat to save up to 10% on cooling and heating costs.
- Replace old bulbs with high efficiency light bulbs to reduce energy use to as much as 80%.
- Look for the Energy Star label, the government's symbol of energy efficiency, on a wide range of consumer products to save up to 30% on related electricity bills.
- Seal window and door frames and other areas in homes and offices to save up to 20% on heating and cooling bills, while also increasing home comfort.
- Replace seals on toilets, fix dripping faucets and other leaks which waste over 10,000 gallons of water per year. Ten gallons per day of your water footprint, or 14% of your indoor use, is lost to water leaks.
- Every ton of paper recycled saves 17 trees and keeps 7,000 gallons of water free from chemicals
- Consider bringing your own shopping bags to the grocery store. Americans annually use one billion shopping bags, creating 300,000 tons of landfill waste which is equal to the same amount of petroleum to drive from New York City to Los Angeles and back 3.8 times.
- When landscaping, select low water use plants and save up to 550 gallons of water each year.
- Turn off your computer monitor at the end of each day. It costs approximately 21 cents per day, or about \$75 per year when computers are left on all day.
- Switching to just one energy efficient light bulb in every American home could save enough energy to light three million homes for one year.

